

fig. 1 ———



## PROTEIN-PACKED SMOOTHIES

ORGANIC ELVIS (SF) 13.5  
organic Once Again peanut butter, organic Equal Exchange cocoa, hand-pressed organic Brazil nut milk, organic banana, filtered ice

ORGANIC ALMOND ELVIS (SF) 16.5  
organic Tierra Farm almond butter, organic Equal Exchange cocoa, hand-pressed organic Brazil nut milk, organic banana, filtered ice

ORGANIC ADD-ONS TO ABOVE:

- kale, hemp seeds, chia seeds, cold brew +2; fresh organic coconut water +4; organic coconut milk (instead of nut milk)

*\*Protein-rich with organic nut butters, we feel these are the most nutritious and easily digestible rather than processed protein powders. Consider these smoothies meal replacements as they will keep you satiated for hours.*

fig. 2 ———

## REHYDRATING SMOOTHIES



ORGANIC GREENS (SF) (NF) 12.5  
organic kale, organic orange, organic apple/banana, organic banana, Vero water, filtered ice

ORGANIC MANGO LASSI (SF) 13.5  
organic mango/pineapple, organic passionfruit, organic banana, organic coconut milk, filtered ice

ORGANIC ACAI DRAGONFRUIT (SF) 13.5  
organic acai, organic pitaya, organic mango/pineapple, organic passionfruit, organic banana, hand-pressed organic Brazil nut milk, filtered ice

ORGANIC ADD-ONS TO ABOVE:

- kale, hemp seeds, chia seeds, cold brew +2; fresh organic coconut water +4; organic coconut milk (instead of nut milk)

*\*Rich in antioxidants, anti-inflammatory fruits, and daily servings of raw organic vegetables and fruits. These refreshing smoothies will make you feel energized and refreshed.*

We source organic cold-pressed juices from various companies since our in-house machines have retired. Tree nuts are processed on their machinery.

**Warning: possible tree nut contamination.**

\*To support our kitchen employees to be more comparable to our servers, we add a 3% service charge to your bill. If you would like this removed, please let us know.

Please notify us if you have ANY allergies/dislikes before ordering. We will do our best to accommodate, but cannot guarantee an allergen-free experience.\*



## NUTRIENT-RICH SMOOTHIES & COLD-PRESSED JUICES

MON-FRI 10AM-4PM  
SAT-SUN 10AM-5PM

1706 Locust Street Philadelphia, PA 19103  
| 215.985.1706 | www.puresweets.com



Welcome to P.S. & Co.,  
where we eat to live well. All  
of our dishes are prepared fresh in  
our organic, gluten-free, plant-rich  
kitchen.

fig. 3 ———

## COCONUTS & WATER

FRESH COCONUTS (SF) (NF) 8/6.5  
Your choice of an entire coconut including the delicious "meat", or simply just the coconut water. *\*Each coconut yields an unpredictable amount of coconut water.*

TRIPLE FILTERED SPARKLING & FLAT WATER (SF) (NF) 3/7  
crisp, clean, refreshing water

*\*Raw organic coconuts cracked to order and cold-pressed organic juices and shots to fuel your daily dose of liquid vegetables, vitamins and minerals.*

fig. 4 ———



## RAW JUICERY ORGANIC GREENS

12.3 oz, HPP 11.5

G3 LIVE GREENS/NO FRUIT (mellow/vegetal): organic cucumber, organic celery, organic romaine, organic spinach, organic lemon, organic liquid spirulina

GREEN FIEND (mild/vegetal): organic cucumber, organic celery, organic green apple, organic kale, organic spinach, organic ginger, organic lemon, organic parsley

## RAW JUICERY ORGANIC FRUITS

12.3 oz, HPP 11.5

RED CURE (spicy/fruity): organic cucumber, organic apple, organic beet, organic extra ginger, organic lemon, organic cilantro

MASTER CLEANSE (spicy/fruity): organic pineapple, organic extra turmeric, organic lemon, organic dandelion, organic cayenne, organic maitake mushroom

## RAW JUICERY ORGANIC PROBIOTICS

12.3 oz, HPP 11

CHILL PILL (mellow/floral): organic pineapple, organic lemon, organic butterfly pea flower, organic chamomile, organic schisandra, organic ashwaganda, organic vanilla, organic coconut nectar, vegan probiotic

MERMAID LEMONADE (mellow/citrus): organic blue algae, organic lemon, organic aloe, organic peach blossom, organic coconut nectar, vegan probiotic



## RAW JUICERY ORGANIC BOOSTS

2 oz, HPP 5

MINI BOSS (hot/citrus): organic ginger, organic turmeric, organic lemon, organic camu camu, himalayan salt, organic black pepper oil

SHINE TIME (spicy/sweet): organic mango, organic goldenberry, organic turmeric, organic ginger, organic echinacea, organic lion's mane